



## **Dear Teachers and Caregivers,**

Gratitude expressed in the moment is refreshing to hear, but there's something extra special about receiving a note of thanks from someone who took the time to reflect on how much they really appreciate you. Let's give kids some tools to create and deliver those messages (and not on a predetermined, national holiday or for someone they don't personally interact with). Let's encourage them to do it when presented with genuine opportunities and when they actually feel inspired to say thanks!

Since there are so many different people supporting our kids, we created this free booklet in two versions--one for children spending time with adults and students in a traditional school setting and one for children looking to show appreciation to the community helpers, neighbors, and family members they see in their world outside of school. We leave it up to you whether it is presented as a "just-in-case-you-need-it" addition to their school supplies or as an actual challenge to complete by the end of the year.

And...bonus!...instead of a plain, protective cover for the back of the packet, we opted for a final page to give children the chance to acknowledge their own efforts. Awkward? Maybe, but it's so easy for kids to be critical. How often do they catch when they do something to be grateful for? Positive self-talk is a habit worth developing, and we wanted children to see that even if someone else doesn't hand them a thank you card, they can always appreciate themselves.

Please send any additional ideas or feedback to [countingonyounow@gmail.com](mailto:countingonyounow@gmail.com). We would love to hear from you once you get these cards into the hands and minds of children. What happened next?

Forever grateful,

**Amy and Tony**


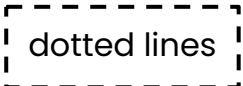

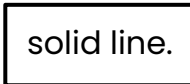
[CountingOnYouNow.net](http://CountingOnYouNow.net)


Name \_\_\_\_\_


# My School Thank You Cards



## Directions

**LOOK** for a chance to say "thank you" and find a card for that person.

 Cut on the  dotted lines and  fold on the  solid line.

 Color the words on the front.

 Write a letter and draw a picture on the inside.  
Sign your name.

 Deliver the card with a smile. 



Volunteer



Bus Driver or  
Crossing Guard

THANK  
YOU

THANK  
YOU



Counselor



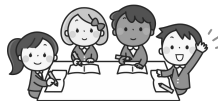
Art Teacher

THANK  
YOU

THANK  
YOU



Librarian



Classmate

THANK  
YOU

THANK  
YOU



Cafeteria Worker



Office Worker

THANK  
YOU

THANK  
YOU



Teacher Assistant



Teacher

THANK  
YOU

THANK  
YOU



Music Teacher

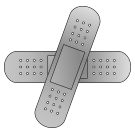


P.E. Teacher

THANK  
YOU

THANK  
YOU





Nurse



Custodian

THANK  
YOU

THANK  
YOU



You Choose

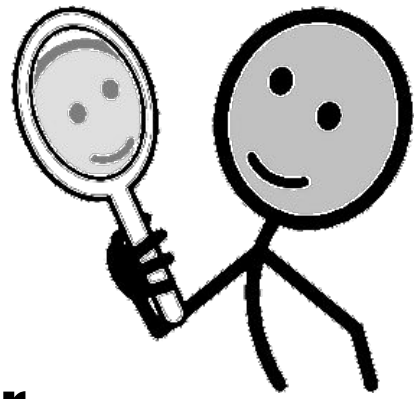


You Choose

THANK  
YOU

THANK  
YOU

**And**



**to me for...**

1

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2

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3

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4

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5

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